

**How dose IPL and lasers remove hair?**

Highly controlled flashes of light are selectively absorbed by hair follicles lying below the surface of the skin. The absorbed light heats the hair, which damages or destroys the regrowth potential of the follicle. All without damaging the surrounding tissue.

**What happens during a treatment?**

Your treatment begins by asking you to wear dark glasses to protect your eyes from bright light. Next, a cold gel ( similar to ultrasonic gel ) may be spread over the treatment area. The IPL or laser hand piece is then applied to your skin and pulses of light begin disabling your unwanted hair. When the gel is removed, much of the hair is wiped off with it. The remaining hair in the treated area falls out over the next week or two.

**What does the treatment feel like?**

Each pulse of light feels like a slight sting or pinch, similar to snap of a rubber band and most people tolerate the treatment well. Sometimes local anesthesia can be used for pain relief for sensitive areas.

**Can all hair be treated?**

We offer customised treatment according to your hair colour, texture and the location on the body. Any hair with at least some pigment in it ( black, brown or red ) can be treated but best results are obtained on dark hair on light skin. We do not treat grey, white or blonde hair. We do not treat areas with recent tan/ sun exposure or clients with very dark skin.

**Are there any possible side effects?**

Side effects are rare. You may experience some slight reddening or local swelling at the treatment site, but this typically goes away within hours. On rare occasions, some blistering or bruising may occur, but typically resolves quickly. Also, the skin can become lighter or darker following treatment, but will generally return to normal within a few weeks. Limiting sun exposure before and after each treatment will minimise the risk of complications. Following the treatment, you can generally return to work and resume all regular activities immediately.

**What kind of results should I expect?**

Laser and IPL technology has been proven to create a permanent reduction in the number of regrowing hairs following each treatment in most skin types. The number of treatments required depends on several factors related to your specific kind of hair and skin. A customised treatment program will be designed for you along with an estimate of how many treatments you may need in order to meet your expectations.

**What precautions do I have to take for this treatment?**

Avoid sun exposure for 3-4 weeks before and after treatment. You should not be taking any medications that increase your sensitivity to light. Please avoid plucking or waxing for a few weeks before treatment. Shave the area a day before the treatment and avoid any deodorants or moisturising creams on the day of treatment.